

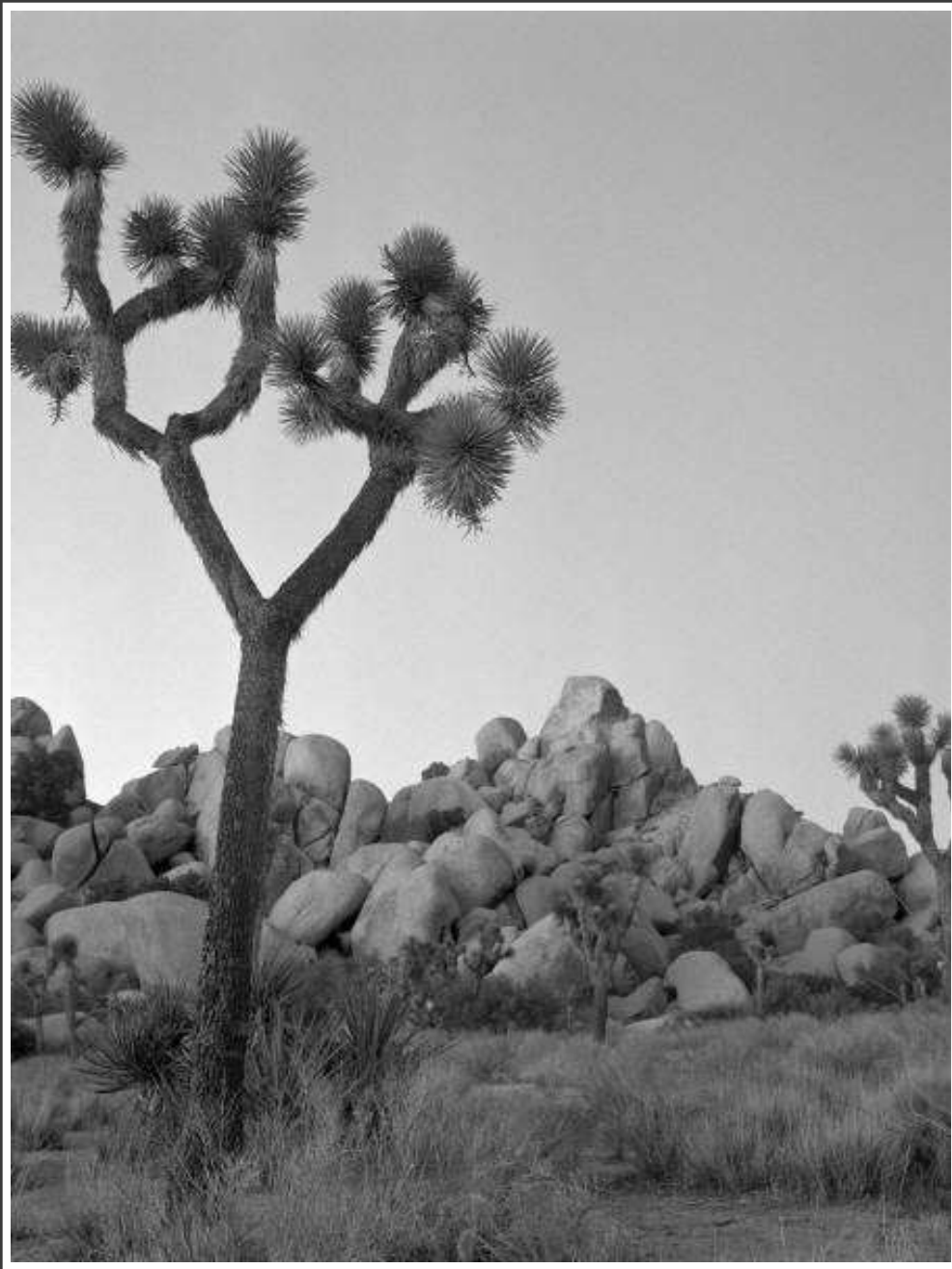


COLLABORATE PROBLEM SOLVING

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MAEd G&C&Leadership, BAVE, Grad Dip Business, Dip Bus. Management.



- Back story on Cognitive Functioning
- “I don’t know!” ?
- Childhood
- Eg: Client – Time – Responses
- Next Page



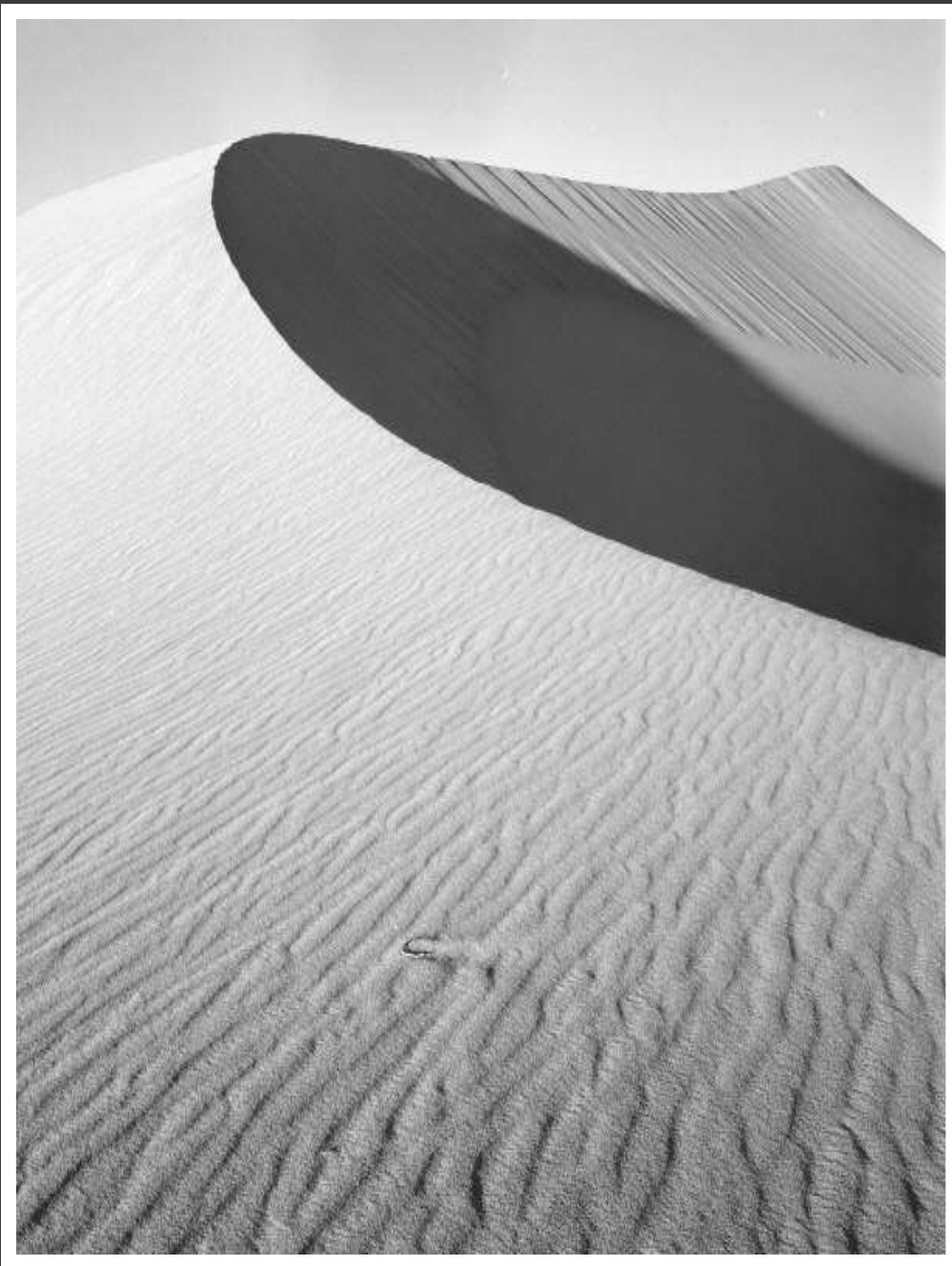
Rewards & Punishments

- Society, Education, Government, Law.
- Fails to address Challenging Behaviours.
- Decades of research and neurosciences have shown, people who misbehave, don't do so on purpose.
- They struggle with thinking skills, required to meet expectations, or resolve disputes.
- Cognitive Problem in Critical Thinking Skills eg: Flexibility, Frustration Tolerance and Problem Solving, Managing Emotions and Resolving Conflict.
- Leads to all kinds of Challenging Behaviour - aggression and defiance.



TRADITIONAL DISCIPLINE COMPOUNDS THE PROBLEM – DIMINISHING PEOPLES MOTIVATION TO BEHAVE.

The Person is left feeling Controlled, Manipulated and Misunderstood.



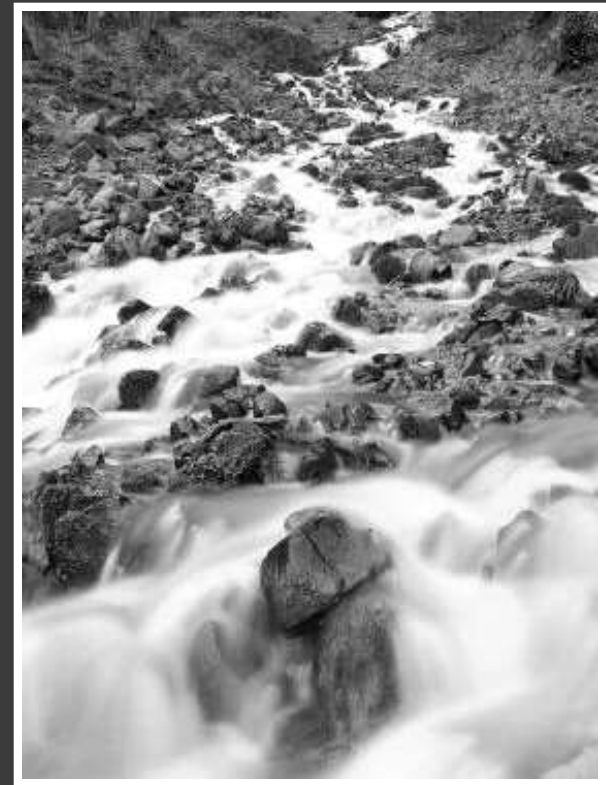
- Conventional approaches to managing Difficult or Challenging Behaviour does not work.
- There is another way – Collaborative Problem Solving (CPS).
- Alternative approach to Rewards & Punishments.
- CPS – started late 90's Dr Ross Green.



Plan 1. Imposing your will on someone – making person do what you want via Punishment & Reward.



Plan 2. Responding to Conflict by giving the person what they want.



Plan 3. The Compromising Approach – meet in the middle to find a solution.



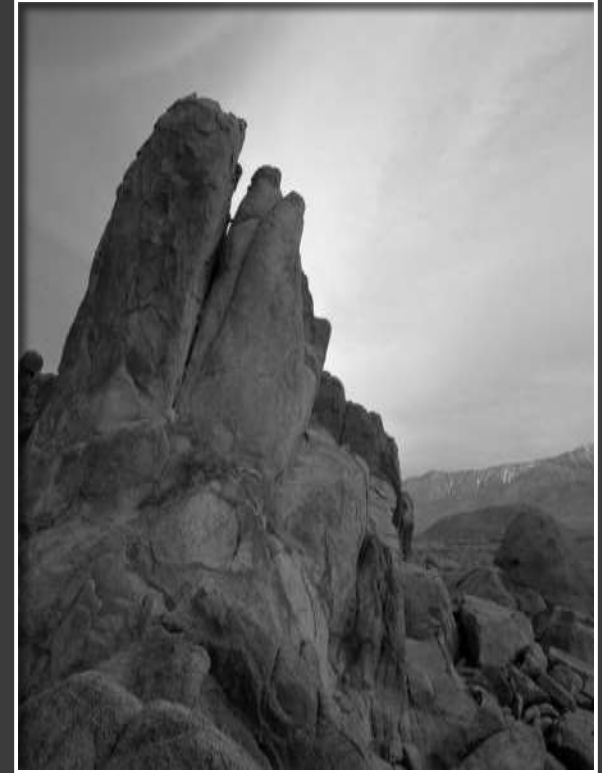
- Plan 3.
- Research and Neuroscience shows that people build Cognitive Thinking Skills by practicing them in the actual situations that are creating the difficulty.
- Small repetitive dose over a prolonged period of time, builds new Neuron-pathways in the brain. (Dr.J.Stuart Ablon).
- CTS allows a person(A) to have the chance to voice their concerns in the course of solving a problem. The person(A) has the chance to practice identifying, clarifying & expressing themselves. This reduces their anxiety, and regulates the persons emotions and they feel validated.
- By person(A) then having the chance to hear another's concerns, person(A) builds empathy and the ability to consider another's perspective and learns how their behavior impacts others.



Past – Childhood
Environment



Skills and Ability – Our
Capacity



Change and Growth –
Support of a
Counsellor,.





**Thank You For
Listening!**